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|  **SUMMER POOL SCHEDULE** |
| **TIME** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| 9:30-10am |  **S L**  | 9-11AM DASH N SPLASH | CLOSED | **C** **L** **O**  **S** **E** **D** |
| 10:10-10:40am |  **W E**  |
| 10:50-11:20am |  **I S**  | POOLPARTIES11-12:45PM | POOLPARTIES11-12:45PM |
| 11:30-11:50am |  **M S** |
| 12:10-12:50pm | WET VEST |
| 1:00-5:00pm | OPEN SWIM | OPEN SWIM1-6:30PM | OPEN SWIM1-6:30PM | OPEN SWIM1-6:30PM |
|  |  |
|  |  |
| 5:00-6:00pm | LAP SWIM 5PM |
| 6:30-8pm | OPEN SWIM |
| **SPLASH POOL HOURS AT RYE PARK: 10AM TO 7PM -- MON-SAT 12-7 SUNDAY** |

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|  **SUMMER YOUTH SCHEDULE** |
|  **MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** |
| 9-950am | PlaydoughSoccerFlag Football | Scavenger HuntPaper CreateJust Wheels | PlaydoughSoccerFlag Football | Scavenger HuntPaper CreateJust Wheels | Dash & Splash |
| 10-1050am | Motion Park HopDiamond Painting | Pre-School SportsIron BeadsBucket List | Motion Park HopDiamond Painting | Pre-School SportsIron BeadsBucket List | Dash & Splash |
| 11-1150pm | Story TimeBoard GamesNurf Wars | Sensory TimeScience 1Pinterest Arts & Crafts | Story TimeBoard GamesNurf Wars | Sensory TimeScience 1Pinterest Arts & Crafts | Fun Cooking 11-1230pm |
| 12-1250pm | CrochetAdventures in ArtBasketball | Spa DayzDodgeballScience ll | CrochetAdventures in ArtBasketball | Spa DayzDodgeballScience ll |  |

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| **SUMMER FITNESS CLASS SCHEDULE** |
|  **MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** |
| 5:30-6:15am | Morning Circuit | Pickleball | Morning Circuit | Pickleball | Stretch |
| 9-10am | Lift CircuitGroup Power | Summer Spin on the Deck9-9:30 | Lift CircuitGroup Power | Summer Spin on the Deck 9-9:30 | Lift Circuit |
| 10-11am | Zumba 10-10:45 | Barre  | Zumba 10-10:45 | Barre | Zumba 10-1030Met Con 1035-1115 |
| 11-11:45pm | Tai-Chi 11-1130 | Gentle Stretch | Tai-Chi 11-1130 | Gentle Stretch |  |
| 12:10-12:50pm | LiftWet Vest | Wet Vest  | LiftWet Vest | Wet Vest  |  |
| 1-2pm |  | Find Your Strength |  | Find Your Strength |  |
| 5:15-6pm | Met ConMonday only | LIFT | SpinWednesday Only | LIFT |  |
| 6:15-7pm |  | Cardio Kickboxing |  | Cardio Kickboxing |  |